

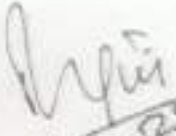
SSJCOE-N-44-2023

20-03-2023

Shah Satnam Ji College of Education

Notice

All the Students of the College are informed that a 7 day special camp is going to be organised by the N.S.S committee in the Dhani Sawanpura from 21-03-2023 to 27-03-2023. Interested students can give their names to Mr. Sandeep Singh, N.S.S. coordinator of the committee.


25/03/2023
Principal

Dated: 20-03-2023

Shah Satnam Ji College of Education, Sirsa

Staff Circulation

All the members of the staff are informed that N.S.S. committee of the college is going to organise a 07 day special camp in Dhani Sawanpura from 21-3-2023 to 27-03-2023. Kindly note it.

Flex Arrangement	Mr. Sandeep Singh, Mr. Mewa Ram	
Refreshment Arrangement	Dr. Mona Siwach, Mr. Sukhvir Singh, Mrs Anupam <i>Handwritten: Handwritten</i>	
Day wise Activities Preparations	Ms. Anju, Mrs. Parneet Kaur, Mrs. Gurjot Kaur <i>Handwritten: Anju</i>	
Certificates	Dr. Prem Kumar Verma	
Attendance Record	Mr. Suresh Kumar	
Photography	Ms. Anju, Mr. Ajay	
Report Writing	Dr. Meenakshi, Ms. Anju (Day wise/Commulative)	
News Writing	Mr. Suresh Kumar	
Account details	Mr. Sukhvir Singh, Mr. Sukhjinder Singh	
Overall observation/preparations	Mr. Sandeep Singh	

Handwritten signature
Principal
29/03/2023

Dr. Rajni Bala

Date:- 21st to 27th March, 2023
Activity:- 7 Day/Night NSS Special Camp


Shah Satnam Ji College of Education, Sirsa realizes the importance of social services and promotes the same. The National Service Scheme unit of the college provides opportunity to student youth to take part in various community service activities and programmes. The role of the NSS is to provide hands on experience to young students in delivering community service. The NSS unit of the institution organized a Seven Day Camp from 21-03-2023 to 27-03-2023. The schedule of the activities conducted is as under.

Sl. No	Date	Activities
1	21-03-2023	Environmental Sanitation and Disposal of Garbage & Adult Literacy Programme
2	22-03-2023	Rally against Drug Addiction & Adult Literacy Programme
3	23-03-2023	Tree Plantation & Adult Literacy Programme
4	24-03-2023	TB Awareness Programme & Adult Literacy Programme
5	25-03-2023	Essay Writing & Adult Literacy Programme
6	26-03-2023	Yoga Activity, March Past & Adult Literacy Programme
7	27-03-2023	Hand Writing and Drawing Competition & Adult Literacy Programme

For all the seven days, an adult literacy Programme was also organised in which the NSS volunteers participated and promoted adult education by teaching some adults.

Day - 2
Date :- 22-03-2023
Activity :- "Rally Against Drug Addiction & Adult
Literacy Programme"

On the second day, (22-03-2023), the NSS unit of the college organized a "Rally against Drug Addiction" at village Dhani Sawanpura. All the volunteers participated enthusiastically. The honorable Principal Dr. Rajni Bala and Adm. Dr. Charanpreet Kaur flagged off the rally. The volunteers took out the rally carrying placards with messages urging the public to adhere to the principle advocated by eminent leaders and scholars. Message about the disastrous effect of drugs on individual and society's health and economy was given. At the last, refreshment was distributed among the volunteers.


Principal
Shah Satnam Ji College
of Education, Sirsa-125055



Day-4

Date:- 24-03-2023

Activity:- "TB Awareness Programme & Adult Literacy Programme"

On the fourth day of NSS Camp (24-03-2023) the NSS unit organized an awareness programme against the disease Tuberculosis. It was also an occasion of world TB Day. M.Ed student Asha hosted the stage. At first the coordinator, NSS gave detailed information about the activity. Then the honorable Principal addressed the students and said that we must have awareness against different diseases and only awareness can save and protect us.

Mr. Suresh Kumar, Assistant Prof. was invited on the stage to give complete information about Tuberculosis, its causes, symptoms, precautions and preventive measures. He emphasized that "Health is Wealth". He informed that the theme for this day is "Yes, we can end TB". He also mentioned the role of WHO and made it clear that WHO has a target to make a TB free world till 2030. At last refreshment was distributed among NSS volunteers.



Day-6

Date:- 26-03-2023

Activity:- "Yoga Activity, March Past & Adult Literacy Programme."

On the sixth day of the NSS camp (26-03-2023) the NSS unit of the institution organized three different activities, These are:-

- Yoga Activity
- Adult literacy Programme
- Parade (March Past)

During Yoga Activity, various yogasanas were performed by the NSS volunteers with great dedication. They were told the importance of yoga postures, pranayama and meditation are effective techniques to release stress. Asanas starting with warming up and stretching were followed by a series of Padmasanas, Tadasana etc. and ending with Shavasana. After that parade by volunteers was marched within the college campus with great zeal. At the end, refreshment was distributed among students.



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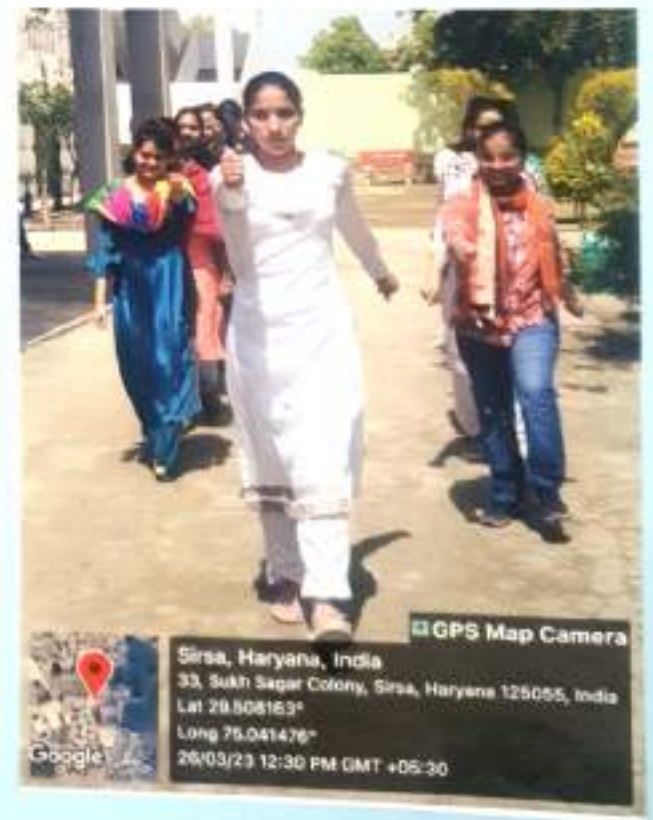
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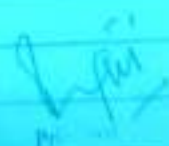
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Closing Ceremony

In the evening, there was a closing ceremony of the 7 days NSS camp. The event was celebrated with fervor and zeal. Mr. Sandeep Singh, Coordinator, NSS presented to a warm welcome to the administrator and principal. The programme commenced with the hosting of Mr. Suresh Kumar, Asst. Prof. Volunteers organized various cultural activities such as Dance, Poem Recitation, and Singing etc.

The Principal appreciated the efforts of NSS volunteers as well as the coordinator. The best Volunteer for the camp award was given to Ms. Rekha, B.Ed-Ist (Roll No - 6087). The principal presented award to her and congratulated all the volunteers for the successful completion of the camp.

Prepared by:-
Dr. Meenakshi



2025

जन्म, भाग और फल

सच कहूँ

www.sachkahoan.com

सरसा, बुधवार, 29 मार्च 2023

शाह सतरनाम जी कॉलेज ऑफ एजुकेशन में साव विवसाय एनएएसएस शिविर

एनएएसएस कैंप का समापन, बीएड की रेखा तुनी जड़ बेस्ट स्वयं सेवक

• बीएड की समन, एजा और शांतिनी को भिला शान-इ स्थित उपस्थिति पुरस्कार

सरसा (सच कहूँ न्यूज)।



शिविर के समापन अवसर पर स्वयंसेवकों को सम्मानित करती प्रार्थना व शंकाओं का निराकरण।

एनएएसएस के अंतर्गत अनेक कार्यक्रमों में एक ही साथ प्रदर्शन कार्यक्रम के माध्यम से एक ही समय पर एक ही कार्यक्रम का आयोजन किया जा सकता है। इससे कार्य और अधिक प्रभावी रूप से किया जा सकता है।

शिविर के कार्यक्रम के आयोजन में दिवसीय शिबिर में अनेक स्वयंसेवक युवा, महिलाओं को काफ़ी प्रशिक्षण के माध्यम से प्रशिक्षण प्रदान किया गया। कार्यक्रम के माध्यम से युवाओं को प्रशिक्षण प्रदान किया गया।

शिविर के समापन अवसर पर स्वयंसेवकों को सम्मानित करती प्रार्थना व शंकाओं का निराकरण।

कैंप की दिवस

शिविर के समापन अवसर पर स्वयंसेवकों को सम्मानित करती प्रार्थना व शंकाओं का निराकरण।